



Elective course

“Alternative Medicine “

2016-2017

I. Why should you choose this course ?

1. The field of medical science is expanding with different modalities of patient care. There are instances where one or the other modalities may have complications or benefits above one another. There is potential for herb-herb and herb-drug interactions and the Alternative Medicine of Herbology and Botany, Nutrition and Aging, Traditional Chinese Medicine and Antioxidants also provide ample scope of better patient care.

II. Teaching modalities

The course was taught by lectures, presentations, workshop and symposium.

III. learning objectives

- Understand the concept of complementary and alternative medicine and its different components
- Evaluate and provide guidance on the potential for herb-herb and herb-drug interactions and explore Alternative Medicine of Herbology and Botany, Nutrition and Aging, Traditional Chinese Medicine, ,and Antioxidants

IV. Course program

1. Introduction and history of complementary and alternative medicine
2. Literature review
3. Types of complementary and alternative medicine
4. Case discussion
5. Power point presentation by students

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