Course Specification Card for Primary Health Care

College	College of Medicine	Department	**Medical Education**		
Course Name (English)	Primary health care	Course Name (Arabic)	الصحة الأولية		
Course Number	**1000503**	Course Code	**1000-503**		
Credit Hrs.	**4**	Contact Hrs.	Theoretical	Practical	**T**
Teaching Language	English ☒ Arabic ☐		15	30	45
Teaching Method	☒ Face-to-Face ☐ Online ☐ Blended				
Course Nature	☒ Compulsory ☐ Elective				
Course Type	☐ University Requirement ☒ College Requirement ☐ Program Requirement				
Level	Year 5	Pre-Requisite(s)	All Year 3 Courses		

Course Description

Approaching and treatment of common illnesses and problems that are encountered primarily or exclusively in the ambulatory setting in addition to understanding principles of health promotion and disease prevention with studying the influence of psychosocial factors on illness frequency, care-seeking, and compliance with therapy.

Topics	Learning Outcomes
- common chronic disease. - common acute disease - Antenatal care - Health promotion and prevention - Counseling of disease .	To gather data accurately and efficiently to formulate etiologic hypotheses. To handle emotion in the interview to build the relationship, and providing emotional support and motivation to comply with treatment. To develop counseling skills for education and motivation of the patient to promote compliance and adoption of behaviors that will improve the prognosis or promote well-being. To use language the patient understands . To refine physical examination skills. To applying principles of clinical epidemiology and clinical decision making to common illnesses. To using appropriate consultation and referral

Assessment Tools	☐ Periodic Exams	**%**	☐ Short Exams	30 %	☐ Final Exam	40%
	☐ Individual Assignments	10%	☐ Group Assignments	10%	☐ Oral Participations	10%

Main Reference	▪ *Essential of Family Medicine, MINDYA.SMITH. (7TH EDITION)*
Supporting References	▪ *American Academy of Family Medicine* ▪ *UpToDate*

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