

CURRICULUM VITAE

Gremma Wong Baratas M.N, R.N

Date of Birth : January 31, 1973
Place of Birth : Tagum City, Philippines
Nationality : Filipino
Gender : Female
Email address: gbaratas@kfu.edu.sa

EDUCATIONAL BACKGROUND

Post Graduate Degree : Master's in Nursing (M.N)
Ateneo de Davao University
2009-2012
College Degree : Bachelor of Science in Nursing
San Pedro College, Davao city
1990- 1994
Professional Membership : Philippine Nurse's Association

WORKING EXPERIENCE

Name of Institution/Employer: **Davao Medical School Foundation Inc.**
Bajada, Davao City Philippines
April 1, 2014 to November 3, 2017
Job Title: Clinical Coordinator
Job Description:
➤ Supervises the level chairpersons, faculty and students

- Checks the clinical rotation of the department for approval of the College Dean
- Together with the College Dean, supervises the personnel involved with instruction either in the classroom or the clinical area
- Make/ recommends policies and /or procedures to improve operations
- Coordinates with faculty members and students of the college for the enrichment of the curriculum
- Facilitates the preparation of the syllabi in accordance with CHED requirement and the school's format
- Confers with students and level chairpersons regarding the learning experience of the students in the clinical area
- Recommends the appropriate clinical areas for the RLE of the students after consultation with the level chairpersons
- Initiates the review of the different requirement of the students in the clinical area
- Initiates the revision of the course syllabi, planned clinical instruction program and the RLE evaluation tools
- Initiates the revision of the manuals and policies in the clinical areas as needed
- Prepares the letter for the affiliation of the students to the different practicum
- Teaches professional subjects outside my coordinatorship hours
- In extreme cases wherein there is absence of a clinical instructor; may go on duty to ensure that RLE of students are not compromised
- Assumes the OIC (Officer in charge) role with the approval of the management when the Dean is on leave, attends seminar and the like.
- Submits and discusses the monthly report of activities and the pertinent occurrences in the College

Name of Institution/Employer :**Davao Medical School Foundation Inc.**

Bajada Davao City Philippines

November 3, 2010 to March 30, 2014 November 4, 2017 to October 26, 2018

Job title :Clinical Instructor (2nd year, 3rd year and 4th year)

Job Description :

I'm clinical Instructor handling 2nd year, 3rd year, and 4th year student nurses. Our based hospital is Davao Medical School Foundation Hospital located in Bacaca road Bajada

Davao City. I'm teaching topics/subjects about Pharmacology, Psychiatry, pathophysiology, Immunology, Cardiovascular and respiratory system disorders, Fluids and electrolyte disorders, Endocrine and metabolic disorders, Immunology, Neuro, Fundamentals in Nursing, health Assessment and Community Health Nursing.

I'm teaching and supervising students about the following procedures: Giving of Per Orem medication/ Parenteral medications, Catheterization, suctioning, enteral feeding, giving different types of enemas, preoperative and post operative care, provision of care during blood transfusion, assisting health care provider for thoracentesis, paracentesis, intubation and extubation.

Duties and responsibilities:

- Provide teaching learning opportunities that foster lifelong learning and competence for practice.
- Sensitize to students to the importance of social action in current concerns.
- Instill in learners the need to safeguard the individual, family or community when care is endangered by health care personnel.
- Provide teaching and learning opportunities for ethical issues and decision making.
- Promote the importance of personal health and illustrate its relation to other values.
- Promote safe and quality nursing care, preserving health at all cost.
- Conduct, disseminate and utilize research to advance the nursing profession.

Name of Institution/Employer : **KingFahad Armed Forces Hospital**

Jeddah Kingdom of Saudi Arabia

February 2, 2010 to August 8, 2010

Job title : Cardio-thoracic Surgery staff nurse

Job Description

- Assess the condition of patients and participates in treatment plans.
- Provide education to patients and their families and help them make lifestyle changes to treat their conditions.
- Work under the supervision of a cardiologist treating critically ill cardiovascular patients including those recovering from bypass, pacemaker or angioplasty heart surgery.

- Monitor stress test evaluations as well as cardio and vascular readings for their patients.
- Teach postoperative cardiovascular rehabilitation activities to the patient and her family, such as postoperative home care needs; necessary changes in diet, nutrition and exercise to improve heart health; and how to administer heart medication and recommended physical therapy at home.
- Monitor patients' levels of insulin, blood glucose and cardiac medicines. Know how to operate a defibrillator to shock a patient's heart and be able to quickly put in an intravenous line.
- Document report and inform untoward findings/observations to health care providers.
- Work well under pressure and excel at emergent care, since patients with heart conditions often require instant crisis decisions to be made.

Cases handled :pre and post cardiac catheterization patients with or without arterial sheath, patients for Electrophysiologic studies, Dobutamine echo, post operative Coro-Artery Bypass Graft, Post mitral valve replacement, post atrial valve replacement, Patient with pacemaker.

Name of institution/Employer :**Ateneo de Davao University**

Jacinto St. Davao City, Philippines

Date : July 21, 2008 to January 22, 2010

Job title : Clinical Instructor 4th year level

Job description:

I was a clinical Instructor handling 4th year students. I was assigned in different hospitals with students in Southern Philippines Medical Center, Bishop Reagan Memorial Hospital in Tagum City, Digos Doctors Hospital in Digos Davao del Sur. The following Clinical areas for the above hospitals are the following: Intensive Care Unit, Pediatric ICU, Medical/Surgical ward, Pediatric ward, General ward, OB/Gyne ward, St. Jude Medical surgical ward and NS2 ward of Digos Doctors Hospital.

I supervised and taught students about the following procedures:

Bed bath, handling patients on cardiac monitor, syringe pump, infusion pump and thoracic tubes, giving of P.O and parenteral medications, suctioning, catheterization, assessing neuro Vital Signs of patients using Glasgow coma scale, assisting health care providers on

CVP insertion, thoracentesis, paracentesis, pericardiocentesis, NGT insertion, intubation and how to respond/ assist during life threatening situation such as performing CPR.

Duties and Responsibilities:

- Provide teaching learning opportunities that foster lifelong learning and competence for practice.
- Sensitize to students to the importance of social action in current concerns.
- Instill in learners the need to safeguard the individual, family or community when care is endangered by health care personnel.
- Provide teaching and learning opportunities for ethical issues and decision making.
- Promote the importance of personal health and illustrate its relation to other values.
- Promote safe and quality nursing care, preserving health at all cost.
- Conduct, disseminate and utilize research to advance the nursing profession.

Name of Institution/Employer : **King Saud Medical Complex**

Riyadh Kingdom of Saudi Arabia

Date : February 22, 2007 to May 26, 2008

Job title : ICU staff nurse

Unit description :

100 bed capacity Tower ICU equipped with state of the art medical equipments with portable ultrasound, cardiac monitors to each patients, 2D echo machine, dialysis machine, syringe pump, infusion pump, blood warmer and other hospital equipments. There were patients admitted such as trauma patients from motor vehicular accidents, scorpion bite, gunshot wounds medical, surgical, neuro, hematology, OB/Gyne and orthopedic cases.

Duties and responsibilities:

- Admission and discharge of ICU patients.
- Procedures of communications with other department and specialties.
- Assistance in resuscitation.
- Assistance in intubation.
- Preparation of crash cart.

- Checking of Vital Signs including measurement of CVP.
- Checking and provisions of medications.
- Checking and provisions of nutrition.
- Nursing care of Mechanically ventilated patients.
- Provision of Chest physiotherapy including suctioning and clearing airways and positioning of patients in bed.
- Provision of wound care.
- Prophylaxis and management of bedsores.
- Provision of patient cleanliness and hygiene.
- Drawing of blood samples for laboratory investigations.
- Provision of care of IV lines, endotracheal tubes, tracheostomy tubes and urinary catheters.
- Utilizing of ICU equipments and devices including monitors, pumps, ventilators, suctioning apparatus.
- Knowledge of normal ranges of CBC, Biochemistry, coagulation profile, ABG, ECG interpretation.
- Implementation of principles of infection control including hand washing, proper disposal of waste products.

Name of Institution/Employer : **Prince Mansour Military Hospital**

Taif, Kingdom of Saudi Arabia

July 2001 to July 27, 2006

Job title : Staff Nurse

Hospital Area : Intensive Care Unit

June 6, 2005- July 27, 2006

Unit Description : 6 beds

Equipped with all necessary medical equipment

Job description :

- Admit and take care of patients with serious and life threatening illness.
- Perform head to toe assessment and prioritization of patients' needs and problems.
- Make Nursing Care Plan according to patients' short term and long term needs.
- Document and record patients' health problems, assessment and procedures rendered.
- Give oral and parenteral medications.
- Resuscitate patients and assist doctors and other health team members during emergency situations.
- Closely monitor patients' hemodynamic, physical and mental status.
- Perform venipuncture and laboratory procedures such as drawing of blood for CBC, ABG, Biochemistry.
- Collaborate with other health team members to improve and maintain optimum level of wellness to patients.

Duties and Responsibilities

- Provides care that is wholistic and directed towards the patient's physical, psychological, spiritual and family needs.
- Evaluates own care accurately and makes changes when necessary.
- Develops care plan that reflect individual patient needs.
- Uses hospital policies and procedure guidelines in decision making.
- Document factual, complete, accurate and timely data.
- Regularly shares information about patient care approaches.
- Information is based on sound nursing practice and theory.
- Demonstrate correct use of established procedures on new equipment.
- Shows fairness and impartiality in decision making
- Uses sound problem-solving strategies.

Procedures Performed

- Giving medications via syringe pump, infusion pump.
- Suction patients via oral, nasal, trachea, endotracheal tubes.
- Insert urinary catheter

- Measures Central Venous Pressure of the patient.
- Measures patient's output via Jackson pratt.
- Give parenteral and enteral feeding.
- Perform Cardio Pulmonary Resuscitation.
- Assist health care provider during defibrillation, intubation, Central venous catheter insertion, thoracostomy insertion, bedside tracheotomy insertion, application of different types of traction.

Job title : Staff nurse

Hospital area : Female Long term care unit

January 2, 2005- June 5, 2005

Unit description : 20 bed capacity

This ward is for long term patients. The following cases of the patients are: cerebral palsy, mental retardation with TOF, Cerebro Vascular Accident, patient with hip fracture (bedridden), duchenne's muscular dystrophy

Job Description

- Give enteral/parenteral feeding and observe strict aspiration precaution.
- Turn patient to sides every 2 hours.
- Suction patient secretions via nasal, oral and tracheostomy tubes.
- Perform chest physiotherapy.
- Perform tracheotomy care.
- Administer Oxygen via Face mask, nasal, tracheostomy.
- Give patient's medication through oral, parenteral route.
- Perform intravenous insertion and blood extraction.
- Insert urinary catheter.
- Take patient's ECG.

Job title : Staff Nurse

Hospital area : Female Surgical ward

January 4, 2004- January 1, 2005

Unit description : 30 bed capacity

Job description

Admission care: taking patient's Vital signs, orient patient toward rules, securing consent, weigh Patient and perform blood extraction and cross matching prior to Operation per Doctor's order.

Preoperative Care: Prepared patient and relatives physically, psychologically prior to surgery. Performed pre-op care such as shaving, giving enema and giving pre op. meds. Report any untoward reactions to health care provider. Post operative Care : Received patient from OR. Assess patient's level of consciousness. Take patient's vital signs. Assess/check patient's incision site for bleeding, foul smelly drainage. Report to health care provider any abnormalities observe to the patient. Regulate patient IVF. Assessed for the degree of pain felt by patient using pain scale and give appropriate medication as ordered. Assist patient in early ambulation and prevent for any post-operative complications.

Cases handled : Laparoscopic/open cholecystectomy, appendectomy, Cataract, glaucoma, Squint, hydrocelectomy, varicocelectomy, orchiectomy, hernia, fistula Orchidopexy, thyroidectomy, nephrectomy, IM nailing, plating & screwing Embolectomy, VP shunting, myelomeningocele.

Job title : Staff Nurse

Hospital area : Emergency Room

July 1, 2001 – January 3, 2004

Unit description : 20 bed capacity

With rooms for resuscitation and trauma cases

Job Description

- Obtain accurate and concise patient's problem during triage
- Perform necessary nursing procedures relevant to patient's problems.
- Identify patient problem or symptoms if it is malingering or emergency case.
- Anticipate possible medical or surgical emergencies and make provisions to respond to them in conjunction with charge and head nurse.
- Demonstrate understanding of all apparatus and equipment use in emergency cases
- Set priorities and perform nursing care based on immediate need of the patient.

- Assist health care provider in examining patients and performing the necessary procedures.
- Administer medications according to established guidelines set.
- Record information accurately and concisely. Report observation to health care provider.
- Attends continuing education and arranges other appropriate learning experiences to maintain and expand professional competence.

Procedures performed

- IV cannulation
- Insertion of urinary catheter
- Perform ECG
- Suctioning patients via oral, nasal, tracheostomy and endotracheal tubes.
- Venipuncture insertion and drawing of blood.
- Assist health care provider during resuscitation, performing of invasive procedures.

Name of institution/Employer : San Pedro Hospital
 Davao City Philippines

Job title : Staff Nurse

Hospital area : St. Luke's ward (Medical/Surgical)
 January 16, 2001 to May 20, 2001

Character References :

Sherlita P. LaporeRN,MAN

College of Nursing Dean

DMSF College of Nursing

Cel. No. 0922-8530729

Maria Elsie S. Callueng RN,MAN

Clinical Instructor

DMSF College of Nursing

Cel. No. 0935-881-2956

Marinette Apao

General Education Professor

DMSF College of Nursing

Cel. No. 09327841160