

# **Curriculum Vitae**

**Dr. Sonia Mohamed El-Sayed  
El-Sayad**

Assistant professor of psychiatric nursing and  
mental health/ Applied Medical Sciences/  
King Faisal University

## **Curriculum vitae**

### **PERSONAL DATA**

**Family Name:** - El-sayad.

**First Name:** - Sonia.

**Full Name:** - Sonia Mohamed El-Sayed El-Sayad.

**Recent Position:-** Fulltime Assistant professor **Place**

**of Birth:** - Port-Said Gov., Egypt.

**Nationality:** - Egyptian.

**Religion:** - Moslem.

**Marital status:** - Married.

**E-mail:-** [selsayad@kfu.edu.sa/](mailto:selsayad@kfu.edu.sa) [dr.soniaelsayad@yahoo.com](mailto:dr.soniaelsayad@yahoo.com)

### **ACADEMIC QUALIFICATIONS:**

#### ***1. Highest Academic Degree***

<b>Degree</b>	Doctorate
<b>Date Degree Awarded</b>	2012
<b>Faculty</b>	Nursing
<b>University</b>	Port-said
<b>Major</b>	Psychiatric And Mental Health Nursing
<b>Title</b>	Relationship Between Self Assertiveness And Levels Of Depression Among University Students In Port-Said City

### ***2. Previous Academic Degree***

<b>Degree</b>	Master
<b>Date Degree Awarded</b>	2007
<b>Faculty</b>	Nursing
<b>University</b>	Port-said
<b>Major</b>	Psychiatric And Mental Health Nursing
<b>Title</b>	Knowledge And Attitudes About Mental Illness Among Population In Port-Said City- Master Thesis / Jan 2007

### ***3. Previous Academic Degree***

<b>Degree</b>	Bachelor
<b>Date Degree Awarded</b>	2002
<b>Faculty</b>	Nursing
<b>University</b>	Port-said
<b>Major</b>	Nursing Sciences

### **CAREER PROGRESSION**

- 1. Instructor / Nursing Faculty/ Suez Anal University. 2002**
- 2. Assistant Lecturer/ Nursing Faculty/ Port-Said University. 2007**
- 3. Lecturer Of Psychiatric Nursing And Mental Health/ Nursing Faculty/ Port-Said University. 2012**

#### 4. Assistant Professor of Psychiatric Nursing And Mental Health/ Nursing Faculty/ Port-Said University.2018

Average	Reading		Writing		Conversation	
	Excellent	Good	Excellent	Good	Excellent	Good
Arabic	Excellent		Excellent		Excellent	
English	Excellent		Excellent		Excellent	

### LANGUAGE

#### COMPUTER USE

Computer software (s)	Purposes
1. Microsoft office (word & Excel) 2. Most computer operating systems. 3. Most internet utilities	Considerable experience of using different software (s) in writing, drawing, as well as graphics, etc. In the field of psychiatric nursing

### ADMINISTRATIVE POSITIONS RELATED TO QUALITY ASSURANCE AND ACCREDITATION

- 1) Member in the administration council for quality assurance and accreditation/  
Nursing Faculty/ Port- Said university
- 2) Manager of quality assurance unit/ Nursing Faculty/ Port- Said university
- 3) Chief of strategic planning committee/ Nursing Faculty/ Port- Said university
- 4) Chief of internal auditing for quality assurance committee/ Nursing Faculty/  
Port- Said university

- 5) Chief of self-assessment team / Nursing Faculty/ Port- Said university
- 6) Member in crises and disasters management administration council/ Nursing Faculty/ Port- Said university
- 7) Member in academic standards and programs for bachelor degree/ Nursing Faculty/ Port- Said university
- 8) Internal evaluator for psychiatric nursing and mental health courses. Bachelor degree/ Nursing Faculty/ Port- Said university.
- 9) Internal evaluator for psychiatric nursing and mental health courses. postgraduate degree/ Nursing Faculty/ Port- Said university.
- 10) Coordinator for community activities related to quality assurance standards/ Nursing Faculty/ Port- Said university.

#### **ACTIVITIES RELATED TO QUALITY ASSURANCE AND ACCREDITATION**

- 1) Participation in enrollment of academic job description as a first accredited model in Port-Said University
- 2) Participation in enrollment of job description for administrative employee as a first accredited model in Port-Said University
- 3) Participation in the development of self -assessment questionnaires in relation to institutional capacity
- 4) Participation in the development of the strategic plan for the faculty of Nursing- Port-Said university as it was announced as the first accredited strategic plan in the university.
- 5) Participation in the development of crises and disasters administration regulation and it was adopted by the university and generalized to all the faculties in the university.
- 6) Participation in the development of standards for evaluating the academic and administrative leaders in the faculty of Nursing- Port-Said university.

- 7) Participation in the development of a comprehensive model for evaluating administrative employee performance.
- 8) Participation in the development of a comprehensive model for evaluating the academic activities of faculty staff performance and providing a valued feedback for more development and improvement.
- 9) Participation in the development of bachelor degree regulation ( credit hours)/ Nursing Faculty/ Port-Said university.
- 10) Participation in the development of postgraduate degree regulation ( credit hours)/ Nursing Faculty/ Port-Said university.
- 11) Participation in the development of diploma degree regulation – psychiatric nursing and mental health ( credit hours)/ Nursing Faculty/ PortSaid university.
- 12) Development of courses specifications for diploma degree in psychiatric and mental health nursing/ Nursing Faculty/ Port-Said university.
- 13) Participation in preparing courses specifications for bachelor degree in psychiatric and mental health nursing/ Nursing Faculty/ Port-Said university.

**COURSES OF THE NATIONAL AUTHORITY FOR ACCREDITATION IN THE ARAB REPUBLIC OF EGYPT**

- 1) Institutional self-evaluation of institutions of higher education - from 26/12/2010 to 30/12/2010
- 2) Learning outcomes and curriculum maps - higher education - from 2/1/2011 to 6/1/2011
- 3) External audit of institutions of higher education - from 9/1/2011 to 13/1/2011
- 4) Strategic planning for institutions of higher education - from 16/1/2011 to 17/1/2011

### **COURSES AND WORKSHOPS IN SPECIALTY**

1. How to write a scientific paper on 30/3/2015
2. Scientific research design on 11/11/2015
3. Plagiarism and citation on 18/2/2016
4. Reflecting thinking on 15/2/2017

### **COURSES RELATED TO HIGHER EDUCATION**

1. Management of time and meetings in the period from 12/6/2012 to 14/6/2012
2. D Animation Macromedia Flash from 10/8/2014 to 13/8/2014
3. Endnote from 14/9/2014 to 16/9/2014
4. Spreadsheets from 3/4/2016 to 6/4/2016
5. The Egyptian Knowledge Bank in the period from 11/4/2017 to 12/4/2017

### **EDUCATIONAL ACTIVITIES IN THE FIELD OF SPECIALIZATION**

#### **1- Teaching for a bachelor's degree:**

- Teaching “psychiatric nursing and mental health” for the academic year 2013/2014, 2014/2015 and 2016/2017
- Teaching “human behavior in health and disease” for the academic year 2014/2015
- Teaching “the basics of psychology” for the academic year 2014/2015 and 2015/2016

#### **2- Teaching for the postgraduate stage:**

- Teaching “psychiatric nursing and mental health” for the academic year 2014/2015 and 2015/2016

- Teaching “the theories of psychology and its applications” for the academic year 2014/2015 and 2015/2016
  - Teaching “educational psychology” for the academic year 2014-2015
  - Teaching “psychological counseling” for the academic year 2016/2017
- CLINICAL TRAINING IN THE FIELD OF SPECIALITY**
- Bachelor's degree: training students in the psychiatric hospital for the academic year 2012/2013, 2013/2014, 2014/2015, 2015/2016 and 2016/2017
  - Postgraduate course: training of students in the psychiatric hospital for the academic year 2014/2015 and 2015/2016
  - Supervision of summer training for undergraduate students for the academic year 2013/2014, 2014/2015, 2015/2016 and 2016/2017

**SCIENTIFIC AND RESEARCH SUPERVISION:**

- 1) Supervising the doctoral thesis of the student: Soma Ibrahim Ali entitled "Training program on the impact of social skills on self-esteem and aggressive behavior among the children of boarding facilities in Port Said"
- 2) Supervision of the Master's thesis for the student: Jihad Mohammed AlMohammadi entitled "The relationship between loneliness and selfconcept among patients in the mental health hospital in Port Said"
- 3) Supervision of the master's thesis for the student: Naglaa Sobhi Abdul Jawad entitled "Body image and self-esteem in women after hysterectomy"

**GENERAL ACTIVITIES**

- Participate as a member in the faculty Council as manager of the Quality Unit for the academic year 2015/2015 and 2016/2017



- Participation in the work of the Graduate Studies Committee for the academic year 2015/2016
- Participation in the Community and Environment Service Committee, which emanates from the Faculty Council for the academic year 2014-2015
- Participation in the work as a member of the Committee of Scientific and Cultural Relations emanating from the Faculty Council for the academic year 2014/2015 and 2016/2017
- Chairman of the Organizing Committee of the First International College Conference entitled "New Trends and Challenges in Nursing", May 2015
- Working as secretary / coordinator for the 2nd International College Conference entitled "Nursing between Reality and Hope - Future Vision", April 2016
- Working as Chairman of the Information and media Committee for the Third International College Conference, "Innovations and Evidence-Based Practices in Nursing", April 2017.

### **SCIENTIFIC RESEARCHES**

1. Knowledge and attitudes about mental illness among population in Port-Said city- Master thesis / Jan 2007
2. Relationship between self-assertiveness and levels of depression among university students / Nov 2011
3. Work Stress, Coping Strategies and Levels of Depression among Nurses Working at Mental Health Hospital in Port-Said City/ Apr 2016
4. Mental Illness in Mass Media and Its Relationship with Nursing Students' Attitude toward the Mentally Ill/ Apr 2016
5. Insight, Self Esteem and Response Styles in Patients with Bipolar Disorder:

its Relationship with Hallucinations and Delusions/ Jan 2017



6. Psychiatric Patients' and Nurses' Perspectives about Limit Setting Technique in Port-Said Psychiatric Hospital/ Aug 2017
7. Self-Objectification, Self Esteem, Personality traits and its Relationship with Selfie Photos among Adolescents/ Aug 2017

8. Relation between Loneliness, Self Concept and Suicidal Ideation Among Psychiatric Inpatients of Port-Said Psychiatric Hospital/ Sep 2017

