# Eduardo L. Fabella, RN, MD, MPH

Laguna, Philippines

(+966) 53 491 8736

drelfwolf@gmail.com

## **EDUCATION**

2004 Bachelor of Science in Nursing, St. Gabriel College, Aklan, Philippines

2001 Master in Public Health, Universite Libre de Bruxelles, Brussels, Belgium

1992 Doctor of Medicine, De la Salle University - College of Medicine, Cavite, Philippines

1988 Bachelor of Science in Biology, Major in Microbiology, University of the Philippines

### **EXAMINATIONS COMPLETED**

NCLEX RN: The National Council Licensure Examination for Registered Nurses (2007)

Nursing Licensure Examination (Philippines)

US Medical Licensure Examination (Steps 1 and 2)

Physician Licensure Examination (Philippines)

### EMPLOYMENT HISTORY/WORK EXPERIENCE/POSITIONS HELD

2014 – present King Faisal University

Faculty Member, College of Applied Medical Sciences – Nursing Department

Courses Taught:

Medical – Surgical Nursing Anatomy and Physiology

Research Project

Global Health and Development

**Public Health Nutrition** 

Non-communicable Diseases and Injuries

Chairperson, CAMS Development and Quality Assurance Committee Accreditation Coordinator for Council on Education for Public Health

Deputy Chairperson, CAMS Strategic Planning and Decision Support Committee

Member, CAMS Study Plan Committee

Member, Respiratory Care Curriculum Development Committee

2009 – 2014 Omar Al Mukhtar University

Lecturer and Research Coordinator, Nursing Department

Nurse, Medical - Surgical Ward (2012 - 2014)

Tobruk Medical Center, Libya

2006 – 2009 Manila Doctors College

Assistant Professor, Nursing Department

Courses Taught:

Anatomy and Physiology Physical Assessment Medical – Surgical Nursing Psychiatric Nursing

Academic Team Leader

2003 – 2006 Department of Health / Center for Health Development IV B

Medical Specialist/ Provincial Health Team Leader, Romblon Province

Provided technical guidance and support to the implementation, monitoring, and

evaluation of the effectiveness of DOH – priority programs Coordinated with local government units in Romblon province 1998 – 2003 San Agustin Local Government Unit

Municipal Health Officer San Agustin, Romblon

1997 – 1998 Tablas Island District Hospital

Medical Officer IV

### **PUBLICATIONS**

Aldabayan, Y. S., Alaban, A., Fabella, E., & Abdelhameed, A. I. (2024). Association of Self-Reported Disease Severity with Depression and Anxiety among COPD Patients. Makara Journal of Health Research, 28(2), 8.

Al Shuwaysh, A. I., Fabella, E. L., Al Hassan, M., Al Hassan, Y. T., Al Hassan, A., Al Majed, H., ... & Al-Howayshel, H. (2023). Association Between Risk for Prediabetes and Type 2 Diabetes Mellitus Prevention Among Faculty Members and Administrative Staff of a Saudi University. Cureus, 15(7).

Alshakhs, H., Fabella, E., Al Hassan, Y., Alsultan, M., & Alshuwyash, M. (2022). Association between Awareness on the Neurophysiologic Effects of Caffeine and Consumption of Caffeinated Beverages among Saudi University Students. The Open Public Health Journal, 15(1).

Al Moweshy, A. A., Fabella, E. L., Al-Hassan, Y. T., Alramadan, H. A., Al Abdullah, A. J., Al Hassan, H. I., ... & Albather, M. R. (2022). Association between organ donation awareness and willingness among Saudi university students. Journal of Public Health Research, 11(2), jphr-2022.

Bu-Khamsin, A. Y., Fabella, E., Al Abdullah, A. H., Albather, M. R., Al-Hassan, Y. T., Alramadan, H. A., ... & Al Hassan, H. I. (2021). Association between Awareness on Antibiotic Resistance and Antibiotic Misuse Among Saudi University Students. The Open Public Health Journal, 14(1).

Al Hassan, Yasser Taher, et al. "Association of vaccine awareness and confidence on the influenza vaccination status of Al Ahsa, Saudi Arabia residents." Human Vaccines & Immunotherapeutics (2021): 1-7.

Al-Hassan, Yasser Taher, et al. "Utilizing the Health Belief Model in Determining the Association between Perceptions on Obesity and Exercise Behavior of Saudi University Students." The Open Public Health Journal 13.1 (2020).

Al-Hassan, Yasser Taher, Eduardo L. Fabella, Edric Estrella, and Mohammad Aatif. "Prevalence and Determinants of Dyslipidemia: Data from a Saudi University Clinic." The Open Public Health Journal 11, no. 1 (2018). DOI: 10.2174/1874944501811010416, 2018, 11, 416-424

Al-Hassan, Yasser Taher and Eduardo L. Fabella. "Lipid Profile Analysis of Patients in a Saudi University Clinic." World Journal of Public Health Vol 2, no. 3 (2017): 89. doi: 10.11648/j.wjph.20170203.11

Molina, E., Fabella, E., & Vigonte, C. (2014). Physical assessment self-efficacy of Libyan nursing students. Journal of Research in Nursing and Midwifery, 3(3), 60-65.

Nursing Students' Perception on the Effectiveness of Physical Assessment Instruction. International Research Journal: Journal of Nursing and Midwifery Vol (3) 3, 50-54 DOI: http://dx.doi.org/10.14303/JRNM.2014.014

Molina II, E. P., Fabelle, E. L, (2014). Correlation between Students' Physical Assessment Self-efficacy and their Perceived Effectiveness of Clinical Instruction.

Buhat-Mendoza, D. G., Mendoza, J. N. B., Tianela, C. T., & Fabella, E. L. (2014). Correlation of the academic and clinical performance of Libyan nursing students. Journal of Nursing Education and Practice, 4(11), 82.