

## **Humood F. Albugami, Public Health.D.**

Alhasa, Eastern province, Saudi Arabia

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### **EDUCATION**

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- 2019 Doctor of Philosophy (Public Health) University of Technology Sydney, Sydney, Australia  
2014 Master of Scientific Studies (Public Health) | University of New England, Armidale, Australia  
2007 Bachelor of Science (Biology) Taif University, Taif, Saudi Arabia

### **EMPLOYMENT HISTORY/WORK EXPERIENCE/POSITIONS HELD**

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#### **Summer 2021-present**

Assistant Professor & Lecturer, King Faisal University, Alhasa, Saudi Arabia  
(Teaching undergraduate students in the curriculum of Public Health )

#### **Spring 2021**

Assistant Professor & Lecturer | Gulf Colleges, Hafr Al Batin, Saudi Arabia  
(Taught Master's students in the curriculum of Health Service Administration Program)

#### **Fall 2020**

Assistant Professor & Lecturer | University of Hafr Al Batin | Hafr Al Batin, Saudi  
(Taught undergraduate students in the curriculum of Health Service Administration Program)

#### **Spring 2019**

Research Assistant | University of Technology Sydney, Sydney, Australia  
(Analyzed research articles and provided detailed summaries on topics such as: physical activity, physical activity promotion, obesity in adults and adolescents, fitness, and diet )

### **HONORS/AWARDS**

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- Scholarship, King Abdullah Scholarship Program (KASP) to pursue Master and Doctoral studies in Public Health | August 2011 – March 2019
- Valedictorian, University of Victoria, Intensive English Language Program | April 2010

### **PUBLICATIONS (Use citation format appropriate to your discipline.)**

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Albugami HF (2016) Conducting Physical Activity Intervention Afterward School Times: A Meta-analysis. J Obes Weight Loss Ther 6:311. doi:10.4172/2165-7904.1000311

### **PRESENTATIONS**

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Presenter at Australian & New Zealand Eating Disorder and Obesity Conference, 2015

### **CIVIC AND SOCIAL ORGANIZATIONS/OFFICES HELD**

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Kayl Association for Combating Obesity, Riyadh, Saudi Arabia, 2020

Saudi Student Club (Administrative Committee), Sydney, Australia, 2016 – 2017

## **TRAININGS/SEMINARS ATTENDED**

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- Conformation of candidature, writing the research proposal, University of Technology Sydney, Australia (2017)
- Systematic Review Training at *Joanna Briggs Institute (JBI)*, University of Technology Sydney, Australia (2016)
- Learning strategies in PhD, University of University of Technology Sydney, Australia (2015)
- Thesis Discussion Requirements, University of Newcastle, Australia (2015)
- Literature review, mapping and organizing your research reading, University of Technology Sydney, Australia (2015)
- Writing for publication, University of Technology Sydney, Australia. (2015)
- Using Endnote (seminar), University of Technology Sydney, Australia (2014)
- Abstract Writing, University of Technology Sydney, Australia. (2014)
- Workplace Preparation Workshop, University of Victoria continuing studies (2009)