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EDUCATION

2022 Ph.D Applied Health Research, University of Birmingham, Birmingham, UK
2016 Master of Public Health, MPH, University of Birmingham, Birmingham, UK
2011 Bachelor of Physical Therapy, University of Dammam, Dammam, Saudi Arabia

EMPLOYMENT HISTORY/WORK EXPERIENCE/POSITIONS HELD

2022 to present Assistant professor, Department of Public Health, College of Applied Medical Sciences, King Faisal University, Al-Ahsa, KSA
2019 to 2022 Lecturer, Department of Public Health, College of Applied Medical Sciences, King Faisal University, Al-Ahsa, KSA
2013-2019 Teaching Assistant, College of Applied Medical Sciences, King Faisal University, Al-Ahsa, KSA

PUBLICATIONS

- Almulhem M, Susarla R, Alabdulaali L, et al. The effect of Ramadan fasting on cardiovascular events and risk factors in patients with type 2 diabetes: A systematic review. *Diabetes Research and Clinical Practice* 2019: 107918.
- Almulhem M, Chandan JS, Gokhale K, et al. Cardio-metabolic outcomes in South Asians compared to White Europeans in the United Kingdom: a matched controlled population-based cohort study. *BMC Cardiovascular Disorders* 2021; **21**(1): 320.
- Almulhem M, Thayakaran R, Hanif S, Gooden T, Thomas N, Hazlehurst J, Tahrani AA, Hanif W, Nirantharakumar K. Ramadan is not associated with increased infection risk in Pakistani and Bangladeshi populations: Findings from controlled interrupted time series analysis of UK primary care data. *PLoS One*. 2022 Jan 13;17(1):e0262530. doi: 10.1371/journal.pone.0262530. PMID: 35025960; PMCID: PMC8757987.
- AKIBOYE, Funke, et al. Impact of diabetes specialist nurses on inpatient care: A systematic review. *Diabetic Medicine*, 2021, 38.9: e14573.

PRESENTATIONS

- Digital Burnout (speaker), KFU college of applied medical science, September 20, 2022