

# SARA MOHAMMED ALMAANI

## PROFESSIONAL SUMMARY

Motivated Public Health fresh graduate well-versed in current public health concerns and needs. Passionate about promoting and improving public health. Assists with projects, campaigns, and special events. Had an experience in conducting public health research.

## EDUCATION

### **Bachelor of Public Health, [five years]**

Imam Abdulrahman Bin Faisal University - [Dammam, Eastern Province, Saudi Arabia], GPA: 4.73.

## EXPERIENCE

### **King Faisal University- AlAhsa**

Public Health specialist assistant, Collage of Applied Medical Science. [ 29/05/2021- Present]

### **Al- Salam Specialist Hospital - Al-Khobar**

IT support Technician- Part time [ 23/12/2021- 02/02/2022]

### **Model of care- First Health cluster in Dammam** - Internship,

[06/2020 - 05/2021]

#### ***Planned Care System***

- Documented, Cleaned, and analyzed the planned care KPIs.
- Created and designed a dashboard for the well-baby clinic and the Combined Thyroid clinic.

#### ***Palliative care system***

- Reviewed and re-designed home visit assessment form.
- Revised and re-designed patient referral form.
- Performed and conducted a home visit in different zones to assess the performance of healthcare providers and make sure that they are accommodating to the home health care procedures.



Al-Ahsa, Saudi Arabia



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## LANGUAGE

- Arabic
- English- STEP Score 88

## SKILLS

- Teamwork
- Communication
- Flexibility
- Planning & management
- Research and Analytical skills
- Microsoft Office
- SPSS

## GENERAL INTEREST

- Research
- Biostatistics
- Occupational health and safety
- Health education and promotion
- School health

## REFRENSES

- Available upon the request

### **Keep-well system**

- Created an awareness campaign guideline for the awareness campaign managers to guarantee a unified approach.
- Designed an awareness campaign checklist.
- Created a standardized awareness campaign form.
- Translated the awareness campaign guideline, checklist, form into the Arabic version.
- Developed an educational module for the awareness campaign managers.
- Participated in designing a storytelling guideline for the awareness campaign managers.
- Contributed a research study for Measuring the difficulties of referring patients for early detection of Breast Cancer.
- Prepared a proposal for the digital health promotion.
- Created awareness content for the digital health promotion through different E1 media platforms.
- Collected healthcare data for the Workplace Wellness program.

## **PERSONAL ACHIEVEMENTS & CERTIFICATES**

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- **Statistical Analysis Using JASP, College of Applied Medical Sciences, King Faisal University, 18/10/2022- 25/10/2022.**
- **The sixth Health Professions conference , King Saud Abdulaziz University for Health Sciences, 25/01/2022 - 27/01/2022.**
- **Health coach essentials to enhance individual health, Epi-Public Health Research Club, 08/09/2021**
- **English for healthcare, Kings College London.**
- **Planning Public Health Program Using Logic Model Tool, Epi-Public Health Research Club, 14/03/2021.**
- **Basic Principles of Epidemiology, Epi-Public Health Research Club, 11/02/2021.**
- **Managing your data, Epi-Public Health Research Club, 03/11/2020.**
- **MISK Future Path Program, Misk Foundation- 04/10/ 2020.**
- **Introduction to data and descriptive analysis, Doroob, 04/04/2020.**
- **Infection Control, Saudi Red Crescent Authority, 04/04/2020.**

## **VOLUNTEERING**

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- **Sharikhealth, 2021, Data collector for health indicators study.**
- **Member of Waey Epi-Public Health Research Club, 2021.**