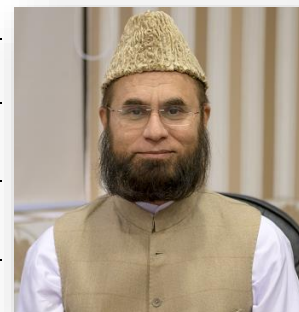




Kingdom of Saudi Arabia
Ministry of Higher Education
King Faisal University
College of Clinical Pharmacy



Name	Dr. Afzal Haq Asif	
Specialization	Pharmacology & Therapeutics	
Current Position	Associate Professor	
Contact email (Official)	ahasif@kfu.edu.sa	
Alternate email	afzalhaqasif@gmail.com	IP Phone : 013-58999790
Academic Qualifications	Degree/year/uni versity/country	MPhil, 1995, Postgraduate Medical Institute, University of Punjab, Lahore. Pakistan
	Degree/year/uni versity/country	MBBS, Nishtar Medical College, Bahauddin Zakariyya University, Multan Pakistan
Teaching Experience	➤ Oct 2007 to date: Associate Professor Pharmacology & Therapeutics, College of clinical Pharmacy, KFU, Al-Ahsa, KSA	
	➤ June 2006 to Oct 2007: Professor & HOD, Department of Pharmacology & Therapeutics, Frontier Medical College, Abbottabad. Pakistan	
	➤ Aug 2005 to Jun 2006: Associate Professor Pharmacology & Therapeutics, College of Pharmacy, King Khalid University, Abha. KSA	
	➤ March 2004 to Aug 2005: Professor & HOD: Department of Pharmacology & Therapeutics, Frontier Medical College, Abbottabad. Pakistan	
	➤ June 2003 to March 2004: Associate Professor and Head of Section of Pharmacology & Therapeutics, Shifa college of Medicine, Islamabad, Pakistan	
	➤ March 2002 to June 2003: Associate Professor & HOD, Pharmacology & Therapeutics, Frontier Medical College, Abbottabad	
	➤ May 2001 to March 2002: Professor, HOD and Vice Prncipal: Islamabad Medical & Dental College Islamabad, Pakistan	
	➤ March 1995 to May 2001. Assistant Professor & HOD (from 1997-2001), Department of Pharmacology & Therapeutics, Postgraduate Medical Institute, Lahore. Pakistan	
	➤ 1988-1990, 1993-1995: Lecturer/Demonstrator in Biochemistry, Pharmacology at King Edward Medical College and Nishtar Medical College, Pakistan	



	<ul style="list-style-type: none"> ➤ 1985-1987: Resident in Internal Medicine, Cardiology/CCU: Teaching to Interns and Medical Students as Resident/Registrar in Internal Medicine and Cardiology
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">All the Courses Taught and Teaching in KFU with Course number</p>	<ul style="list-style-type: none"> ➤ Course taught: (independently) <ul style="list-style-type: none"> ○ Pharmacology-1: 2001311 ○ Pharmacology-2: 2001323 ○ Pharmacology-3; 2001411 ○ Toxicology: 2001421 ○ Pharmaceutical Care: 2003514 ○ Evidence Based Medicine:2003422 ○ Therapeutics-5: 2003525 ➤ Courses taught (shared): <ul style="list-style-type: none"> ○ Nutritional Support 2003523 ○ Pharmacoeconomics 2003423 ○ Pharmacy Management 2003526 ➤ Courses Teaching: <ul style="list-style-type: none"> ○ Therapeutics-1: 2030311 ○ Therapeutics-2: 2030321
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Research Interests</p>	<ul style="list-style-type: none"> ➤ Nephrotoxicity of drugs and its protection ➤ Anti-diabetic, Antihyperlipedemic and Anti-atherosclerotic Activity of indigenous plants ➤ Education and Learning in Health Professions
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Research Grants Received</p>	<ol style="list-style-type: none"> 1. Anti-Human Papilloma Virus(Causative agent of Carcinoma Cervix) effects of,Olive , Nigella Sativa(Black Cumin Seed) and Palm oil Incidence of Self medication in Al-Ahsa Region. KFU Research grant 2009 (CI)
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Publications (Latest 20 publications)</p>	<ol style="list-style-type: none"> 1. Naveed Ullah, Mir Azam Khan, Taous Khan, Afzal Haq Asif and Waqar Ahmad. Mentha piperita in nephrotoxicity; a possible intervention to ameliorate renal derangements associated with gentamicin. Indian Journal of Pharmacology 2014,46(2): 166-70 2. Naveed Ullah1, Mir Azam Khan, Afzal Haq Asif, Taous Khan, Waqar Ahmad: Citrullus colocynthis failed to combat against renal derangements, in spite of its strong antioxidant properties. Acta Poloniae Pharmaceutica ñ Drug Research 2013, 70(3): 533-38. http://www.ncbi.nlm.nih.gov/pubmed/23757944

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3. **Afzal H. Asif** , Sahibzada T. Rasool and Tahir M Khan: Pyridoxal Phosphate a Possible Intervention to Prevent Aminoglycoside Induced Electrolyte Imbalance. J Clinic Res Bioeth 2012, 3:1 <http://dx.doi.org/10.4172/2155-9627.1000124>
 4. Sibghatullah Sangi, Sree Harsha, and **Afzal Haq Asif**: Formulation and evaluation of mucoadhesive Nigalla Sativa and Olive oils for vaginal infections. Der Pharmacia Lettre, 2011, 3(2): 39-46.
 5. Naveed Ullah ; Mir Azam Khan ; **Afzal Haq Asif** ; Afrasiab Ali Shah ; Sadaf Anwar ; Hazrat Wahid ; Aamir Nazir: Effect of Green tea on Heart Rate of Male and Female. Asian Journal of Medical Sciences. Vol. 4 (3); 2011: 180-182
 6. Naveed Ullah, Mir Azam Khan, **Afzal Haq Asif** et al: A comparative study of Morven gold and Tander Virginia cigarettes with respect to its spasmogenic, spasmolytic and chemical screening. African Journal of Pharmacy and Pharmacology Vol. 4(12) March, 2011
 7. Naveed U, Asif AH, Khan MA, et al: Chemical screening of Naswar and Cigarette: a comparative study IJBCR Vol.1 Issue: 1: 2011
 8. Khan T M , **Afzal HA**, Khan A , Tahir H , Ejaz M. A: Pilot study evaluating health literacy towards breast cancer among multiethnic students. Journal of Clinical and Diagnostic Research.2010 June, 7; 4:2504-2511
 9. Naveed U, Habib A, Haq AH, Khan A, Rabia A: Antibacterial activity of genetic variants of *Mirabilis Jalapa*. Pharmacog J 2010: 7(2): 181-184
 10. Turabi, Aftab, Hasan, Saud, Danyal, Ahmed, Ahmed, Mansoor **Asif, Afzal Haq**: Snakebite: identification, prevalence and management. Med. Forum. 2007; 18 (6): 10-16.
 11. Danyal, Ahmed **Asif, Afzal Haq** Muhammad, Jan Salat, Yusuf Turabi, Aftab: A comparative study of kinetic parameters of alprazolam in hepatic and renal insufficient patients. Med. Forum. 2007; 18 (3): 19-27
 12. A.Turabi, A Danyal, S.Hassan, Y.Salat, MAhmad, **AH Asif**: Evaluation of suspected chronic pesticide poisoning among residents near agriculture fields Biomedica Dec 2007;23:76-82.
 13. MS Khan , MA Sheikh , A Danyal, F Tahir , M.Bashir , N Rahat , **AH Asif**: Does LH/Testo And Testo/LH Ratio Affect Male Fertility?. Med Forum 2006; 17(6)
 14. H.Subhani, B.Khizar, **AH Asif**, N.Javid Seroprevalence of Hepatitis B and Hepatitis C among patients of Hepatocellular Carcinoma. Med Forum 15(7) :2004
 15. M.Zahid, **AH Asif**, NI Ansari: Biochemical/Functional Derangements produced by Aminoglycoside induced nephrotoxicity. Pak PGMJ 2004; 15(2)
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16. ST Rasool, **AH Asif**, A.Hamid Malathion: A Biochemical and Pharmacological Review. Medical Forum. 2004
 17. **AH Asif**, , A.Hamid, SH Shah, HHKhan Effect of Pyridoxal-5-Phosphate on Gentamicin induced Nephrotoxicity in rabbits. Med Forum 2003; 14:7-10
 18. A.Hamid, **AH Asif**, Azhar Masud Bhatti, Shahid Rauf, Dilawar Khan Trends of Drug Dependence in Hazara Division. Med Forum 2003 14(2)
 19. M Naeem, SRauf, A Hamid, A.H. Asif Echocardiographic Determination of left Ventricular Pump Function in essential Hypertension. Med Forum 2002; 13(9)
 20. S Rauf , N Sharif , A Hamid , M Naeem , AHAsif. Comparative study of serum Vitamin-A levels in Breast-fed, weaned properly and bottle-fed, weaned improperly children less than two years of age. Med Forum: 13(8); 2002
 21. A.Hamid , SRauf , M.Ashraf ,N Azhar , M.Asif Jalil , AH Asif , Effect of oral contraceptive agent on serum level of total proteins, albumin, Copper and Zinc in women. Med Forum: 13 (9); 2002.
 22. NA Noor, GMD Chauhdry, M.Masood, AH Asif Acute poisoning in Adults in Multan; JPMA: 38(11); 1988.
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1. Invited Speaker in Continuing Medical Education Symposium (Accredited by Saudi Commission for Health Specialists) on "updated Recommendations for Hepatitis Management: Pharmacological Point of view". Al-Khobar, Nov 25, 2013.
 2. Presentation on "Course Blue Printing, why and how?" Professional Development Activity Forum, COCP, King Faisal University, Al-Ahsa. April 10, 2013
 3. Service Learning in Higher Education: College of Clinical Pharmacy, KFUI-Ahsa 2012
 4. COCP Strategic Plan: Presentation and Defense, in Stakeholders' Meeting, College of Clinical Pharmacy, KFUI Al-Ahsa: 2012
 5. Pharm D Program presentation in Stakeholders' Meeting; June 06, 2010, College of Clinical Pharmacy, King Faisal University, Al-Ahsa. KSA 2010
 6. Invited Speaker on "Industry University Collaboration" at KFUI forum organized by Deanship of Scientific Research, King Faisal University: June 02, 2010
 7. Effect of Pyridoxal-5-Phosphate in Protection against Amino glycoside induced Nephrotoxicity. Paper presented at First International Scientific Conference, Postgraduate Medical Institute, Lahore on 22.4.1999
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Memberships	<ul style="list-style-type: none"> ➤ American College of Clinical Pharmacy (ACCP) ➤ Saudi Pharmaceutical Society ➤ Saudi Society For Medical Education.
Professional services	<ul style="list-style-type: none"> ➤ Clinical Pharmacology Services at Aseer General Hospital, Abha:, KSA 2005-2006
Workshops / Seminars attended	<ol style="list-style-type: none"> 1. Conceptual framework to analyze web-based survey quality. Deanship of Academic Development, King Faisal University, Kingdom of Saudi Arabia. April 2014 2. Training Session on “MD Consult and ClinicalKey” at King Faisal University, Al-Ahsa March 18, 2013 3. Establishing Data Analysis and Reporting System Based on NCAAA Requirements, “held at Corel Plaza, Al-Ahsa, KSA, during Feb 27 – 28, 2012. 4. Course on “Basic Life Support for Healthcare Providers, KANG Hospital, Al-Ahsa: Feb 09, 2012 5. Attended Workshop on " Improving Teaching and Student Learning through Course Design Activities: A Research-Based Seminar Series " held at College of Computer Science, King Faisal University, KSA, during Jan 7th to 11th, 2012. 6. Quantitative Research (SPSS), organized by Deanship of Academic Development, KFU, Al-Ah, Dec 5-6, 2011. 7. Towards Optimizing Antithrombotic Management, organized by Saudi ARAMCO Medical Services Organization ARAMCO Dhahran, Nov 24, 2011 8. Workshop on Strategic Planning: organized by NCAAA (KSA) and British Council, Jeddah: Sep 2011 9. Workshop on Community Engagement and Service Learning, Organized by Deanship of Quality Assurance, KFU May 2011 10. Workshop on strategic Planning , by Deanship of Quality Assurance, King Faisal University: May 2011 11. Workshop on “Experiential Education in Pharmacy” on 8th International Saudi Pharmaceutical Conference Riyadh on April 25-28, 2010 12. Symposium on Key Aspects of Current Practice at Saad Specialist Hospital, Al-Khobre, KSA on March 30, 2010 13. Midyear Meeting of Saudi Pharmaceutical Society-2009 at Jeddah, KSA, on 11-12, 2009, with ACPE approved 12 contact hour CPE Activity. 14. Updates in Internal Medicine on Endocrine, Diabetes & Metabolic Disorders (9 CME credits) at King Fahad University Hospital, Al-Khobre, KSA, on 9-10 Dec 2009

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15. Symposium on Emergency Medicine Updates (14 CME Credits) organized by MOH in collaboration with King Faisal Specialist Hospital Riyadh, at King Fahad Hospital, AlAhsa on 23-24 Dec 2008
 16. Four days Course on "EVIDENCE BASED MEDICINE" from National & Gulf Center for Evidence Based Medicine, KAMC Riyadh, KSA April 14-16, 2009.
 17. Clinical Pharmacy Symposium on "Updates in Pharmacotherapy, organized by Saudi ARAMCO Medical Services Organization, honored by lectures of Dr. Mary Ann Koda Kimbel and J. Murphy, President College of Clinical Pharmacy
 18. workshop on Teaching and Evaluation Strategies for University Students, organized by Deanship of Academic Affairs, King Faisal University, KSA 2008
 19. Workshop on Communication Skills organized by Deanship of Academic Development, King Faisal University, KSA 2008
 20. Course in "Assessment in Medical Education" organized by Riphah International University, and Higher Education Commission of Pakistan, Islamabad, June 19-23, 2007
 21. Workshop on "SMALL GROUP TEACHING" at Shifa College of Medicine, Islamabad: 2002
 22. Workshop on "EDUCATIONAL PLANNING & EVALUATION (EPEV)" organized by College of Physicians and Surgeons, Pakistan in collaboration with WHO.: 2001
 23. Workshop on "PROBLEM BASED ASSESSMENT" (PBA) organized by College of Physicians and Surgeons, Pakistan in collaboration with WHO. 2001
 24. Workshop on Medical Teaching Skills and Technology Update-2000 jointly organized by the Department of Biochemistry, Postgraduate Medical Institute, Lahore, Institute of Nuclear Medicine (INMOL) and Pakistan Council for Scientific and Industrial Research (PCSIR), Lahore Pakistan 2000
 25. Course on Gas Chromatography, Mass Spectrometry-Techniques and Principles at Applied Chemistry Research Center Labs (ACRS), Pakistan Council of Scientific & Industrial Research (PCSIR), Lahore.2000
 26. Course on High Performance Liquid Chromatography-Technique and Principal at ACRS, PCSIR, Lahore.2000
 27. Gas Liquid Chromatography-Techniques and Principles at ACRS, PCSIR, Lahore 2000
 28. Course on "Concepts in Techniques RIA, IRMA for T3, T4, TSH and Tumor Markers" at Institute of Nuclear Medicine and Oncology, Lahore (INMOL). 2000
 29. Course on Diagnostic Clinical Biochemistry and Radio-pharmaceuticals at Institute of Nuclear Medicine and Oncology, Lahore (INMOL).2000
 30. Workshop on Research Methodology organized by Pakistan Physiological Society, Pakistan; Lahore 1993
 31. PETROPACK: Computer Technology for Professionals Course, organized by Petroman, Lahore Pakistan in 1992
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